



do something ‘AMAZING’



DiverseAbilities
Dorset's Disability Charity

Registered with
**FUNDRAISING
REGULATOR**

Registered charity number 282197

Welcome to **Team Diverse Abilities**

**Thank you for getting involved
with fundraising and helping us to
make every day better.**

At Diverse Abilities, we work hard to provide fantastic opportunities for children and adults with physical and learning disabilities. But we cannot do it alone.

Fantastic people like you make it happen.

Your fundraising efforts allow us to take people out on the water, enjoy sensory sports, visit theme parks, go to the cinema, or enjoy quiet time with crafts.

So, what are you waiting for?
Let's get started...



A quick start guide to: **Fundraising**



So, you want to fundraise for Diverse Abilities and help us make every day better?

There are truly so many ways to get involved, there's definitely something for everyone. Whether you want to host a bake sale, take on a sponsored silence, run a marathon, or jump out of a plane, the sky is literally the limit.

This guide will help you along the way to your target, and our team are also on hand for any questions that may pop up on the journey...



Meet Amelia

Amelia has been supported by Diverse Abilities since the age of 2 and a half, when she started at Langside School.

Amelia has a rare genetic mutation on the HCN1 gene, which means she has profound and multiple learning disabilities, developmental delay, and epilepsy.

During her time at school she has been able to access support from across the therapy team, including speech and language, occupational therapy, physiotherapy, and even music therapy.

As well as attending Langside, Amelia has also stayed overnight at Lily's Place, which provides mum Lisa time for much needed respite, whether that means the chance to have a shower or even to go on holiday.

“Amelia’s condition can be quite demanding. Although her epilepsy is managed, she needs constant supervision as there’s always chance of a seizure. She also needs to move regularly and can’t be sat in the same position for a long time, she likes to be kept busy. She also loves being in the water.”

Amelia is now transitioning from Children’s Team as she gets ready to access adult services. This is a big change for everyone, but Diverse Abilities has a specialist Transitions team to ensure these changes go smoothly.

Now attending our Shapes Transitions sessions at Lily’s Place, she’s in a location that is familiar, with staff she already knows - as well as rejoining friends from school too. She will also receive overnight care at Lawford Lodge, our respite home for 18 to 25 year olds.

Children like Amelia deserve the chance to experience school and grow up like any other child.

Help us make every day better.



a+z fundraising guide

A

Afternoon Tea
Abseil
Auction

B

Bake Sale
Beard Shave
BBQ

C

Coffee Morning
Car Boot Sale
Curry Night

D

Dinner Party
Dances/Disco
Dress Down Day

I

Improv Night
International Day
Instagram Appeal

J

Jumble Sale
Jazz Evening
Jar of Pennies

K

Kick the Habit
Karaoke Night
Kids' Party

L

Lucky Dip
Luncheon
Lads Night

Q

Quiz Night
Quiet Day
Quit Something

R

Race Night
Raffle
Recycling

S

Sweepstake
Swear Box
Sponsored Silence

T

Tea Party
Tuck Shop
Tombola

Y

Yogathon
Yummy Bakes
Year Challenge

Z

Zip Wire
Zumbathon
Zorbing

Got a question? Feel free to get in touch

Whether you're a master chef or a trivia buff, there's a whole load of different ways to raise money. What takes your fancy?

E

Easter Egg Hunt
eBay Your Items
Egg & Spoon Race

F

Fun Run
Fancy Dress
Family Fun Day

G

Golf Day
Games Night
Garden Party

H

Head Shave
Hike
Halloween Party

M

Murder Mystery
Music Concert
Match Funding

N

Name the...
Night Walk
Non-Uniform

O

Open Garden
Onesie Day
Open Mic Night

P

Pyjama Party
Pub Quiz
Picnic

U

Unwanted Gifts
Unifrom Day
Unusual Hair Day

V

Variety Show
Valeting Cars
Vintage Car Show

W

Wax It
Wine Tasting
Window Cleaning

X

Xmas Hamper
Xbox Night
Xmas Card Sale

We can't wait to see the incredible things you get up to while fundraising - and if you need some official collection pots or snazzy buckets, just give us a shout!

Meet some of our **Fundraising Champions**



Amelie

Amelie swam 24 lengths of her local pool - and she did it non-stop! The young swimmer is planning her next challenge...

Luke

Luke, along with a team of mates, walked for 24 hours non-stop up and down the Bournemouth prom!



Wendy

For her 80th birthday, Wendy abseiled the Spinnaker Tower in memory of her sister Marilyn.

How the money you raise makes every day better

£92

is enough to cover a day's medical supplies for the nurses at Langside School



£15

funds an hour of activities for a child with additional needs and their family



£280

could fund weekly parent wellbeing & information sessions



£10

can provide a day of arts and crafts supplies for The Beehive

Set your target and reach for the stars

We'll support you throughout your fundraising journey with handy hints and tips, and can help you set a target suited to your own personal challenge.

When you raise £25...

You'll receive a branded t-shirt to show off the fact you're part of #TeamDA



When you hit your target...

We'll send you a branded Diverse Abilities tote bag of goodies including a water bottle and a medal to wear with pride.

What are you waiting for?

It's time to get fundraising!



Time to bank your fundraising

Once you've completed your fundraising and your activity itself, it's time to get those vital donations over to us - here's the options for how to do it:



Online

Visit diverseabilities.org.uk/donate and make your payment through our website or via BACS with our account details. If you're using JustGiving or Facebook, the donations come to us automatically.



In person

Feel free to visit the office with any cash you've raised - we'll pop the kettle on and you can tell us all about your challenge.



By post

Cheques or CAF vouchers made payable to Diverse Abilities can be posted to:
The Fundraising Team
Diverse Abilities Central Services
Langside Avenue
Poole, BH12 5BN



Useful Downloads

Sponsorship Forms



Download and print a sponsorship form if you're collecting cash from your friends, family, colleagues, or community groups
diverseabilities.org.uk/sponsorship

JustGiving



Set up a page and fundraise for us so people can donate online or via card.
justgiving.com/diverse-abilities

Follow us on social media

Use the hashtag #TeamDA and tag us too so we can share your excellent efforts!

